



Welcome to our July newsletter issue coming to you from Orthotic and Prosthetic Technologies, Inc.

We look forward to providing you once a month with new and different technologies in Prosthetics, and to introduce you to many of our clients, our two Amputees on Staff, and our Practitioners.

Orthotic & Prosthetic Technologies, Inc. (OPT) was started in 2004 by Aaron Foreman MSPT, CPO. Aaron, and his fellow Practitioners and staff, focus on providing top quality personable service to each patient utilizing the latest state of the art technology available. We will take excellent care of your patients.

We welcome your comments or questions. Please feel free to contact us via website, phone or email.



Coming in August 2007 OPT Newsletter:

Feature article of OPT client—Austin Police Officer Dave Erskine—featuring the motivated and determined Dave and the computerized Prosthetic Foot "The Proprio" from Ossur.

Coming Events:

July 21th Amputee Support Group Party at Scholtz's Beer Garden. Come and join us.

July 26th Amputee Support Group meeting @ RR Hospital on 620 at 7:00 p.m..

www.rramputee.com

Call Frieda @ 512-791-8864 or email at friedaborth@optaustin.com for more details.

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RETURN SERVICE REQUESTED

Heather Haenes Bi-Lateral Above the Knee Amputee



**Heather doing a little fishing!!
Heather is an inspiration to all our OPT
clients and staff as well.**

In January 2007, Heather Haenes was assessing the damage to her vehicle from an accident with another car when her vehicle was hit from behind. Heather ended up losing both legs above the knee.

Heather being considered an extreme amputee, says "The Amputee Support Group, the amputee community, and OPT have given me a great amount of information unattainable from any other source. People reach out and let you know how they do basic things—how they get around—safety issues—very open and helpful. The Support Group also has activities planned to assist in helping us realize what we can do. I've already been fishing with the Group"!!

She finds inspiration in her determination to get back to her life. She says "I even believe that my life will be better—the quality of my life will be better. This happened to me for some reason, and I don't want it to stop me from doing anything. In fact, I want it to challenge me to do more. Amputees just want to get back to a normal life. I'm just in the process of trying to figure that out".



Aaron and Heather working on her balance

OPT takes pride in maintaining excellence in providing the best prosthetic care for each individual.

Our Practitioners, Aaron and Kevin, always strive for the best fit possible. We want our clients to have comfortable sockets. Aaron and Kevin listen to their clients, and make sure they are fitted with the componentry best suited for their lifestyle. Aaron is also a licensed Physical Therapist.

Our office staff, Louisa (also an amputee peer visitor) and Susie, will answer any questions you have—we welcome your calls. We know you will find them professional and informative.

Kevin, our technician does beautiful work—which you will see on every device we fabricate.

Frieda is an amputee peer visitor, patient advocate and oversees public relation. Your clients and patients will enjoy meeting her.

As you can see, WE, at OPT, offer our Amputee clients many extra activities and a personal touch of care.



Heather playing catch to improve balance.



**Heather working hard on the treadmill.
She is wearing Seal-In Liners.**

Iceross® Transfemoral Seal-In™

The new Iceross Transfemoral Seal-In Liner represents a major advance in suction suspension technology. It eliminates the need for complicated donning procedures or donning aids - the user can just roll it on and then simply **STEP IN AND GO**.

Suction sockets no longer require a time-consuming, complicated donning procedure. With the Iceross Transfemoral Seal-In Liner, it's now a simple, straightforward process. The user simply rolls on the liner, steps into the socket, and an integrated **Hypobaric Sealing Membrane (HSM)** automatically creates a firm suspension. To remove the socket, the user just pushes a button. It's that simple. It also couldn't be more comfortable, because the liner is made of DermoSil Silicone with Active Skin Care, promoting skin health while moisturizing and soothing the skin.

Heather is wearing Seal-In Liners with her sockets. Most of our AK clients at OPT, find this new technology to be such a great improvement over previous choices.

Aaron made her complimentary beginner prosthetic legs. OPT wanted her to be able to begin walking while she is pursuing funding. You can see from the photos, she is making great progress.

We are all hoping that Heather will be able to obtain the Micro-processor knees when she gets funding. By already working with Aaron, she is well on her way to being a successful bi-lateral ambulator.

Heather inspires many of our clients when they see her working out—all the while smiling and greeting everyone