

# EDUCATION

## **Aaron Foreman, M.S.P.T., C.P.O.**

M.S. in Physical Therapy ( SWTSU) 2001

B.S. in Orthotics/Prosthetics ( UT Southwestern Medical Center) 1997

Certified by the American Board of O&P 1999

Licensed by Texas Board of O&P

## **Kevin Kimbell, C.P.O.**

B.S. in Orthotics/ Prosthetics (UT Southwestern Medical Center) 2002

BS in Kinesiology (UT Austin) 1999

Certified by American Board of O&P 2004

Licensed by Texas Board of O&P

## **Chase Brown, C.P.O.**

B.S. in Orthotics/ Prosthetics ( UT Southwestern Medical Center) 2003

B.A. in Communications (Texas A&M )1998

Certified by the American Board of O&P 2005

# LOCATIONS

## **AUSTIN CLINIC**

8000 Anderson Square Rd.

Ste 301-A

Austin, TX 78757

Phone: 512-377-2323

Fax: 512-374-9993

## **ROUND ROCK CLINIC**

2801 Oakmont Dr.

Ste 1200

Round Rock, TX 78665

Phone: 512-255-4400

Fax: 512-255-4404

## **SAN MARCOS CLINIC**

915 Highway 80

San Marcos Plaza

San Marcos, TX 78666

Phone: 512-754-9928

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Orthotic & Prosthetic Technologies  
8000 Anderson Square Suite 301-A  
Austin, TX 78757



**Austin 512-377-2323**

**San Marcos 512-754-9928**

**Round Rock 512-255-4400**

**[www.optaustin.com](http://www.optaustin.com)**

Greg Lakompski became a left below knee amputee in 1997. His accident was certainly a case of being in the wrong place at the wrong time. Greg was involved in a car accident with a teenage girl that had no license or insurance. Greg had pulled over to the side of the road to remove a blanket from the back of his truck, because it had started raining, when he was hit crushing his leg between her bumper and his trailer hitch.



A big part of Greg's story is that he is a competitive cyclist. In the year following his accident, he fought hard to get back to riding. At that time there was very little info on riding legs and even less info on Post Traumatic Stress Syndrome or any type of support as a new amputee. Greg strongly believes and sees the need for patience, guidance, and Peer Visiting in the first two years. He feels it is deeply important and underrated from first hand experience.

Over the next several years, Greg continued to ride, sometimes well, and sometimes not. He had a couple of bad accidents on the bike which set him back.

Greg learned through therapy that his mental issues were far more influential than the physical. He began working with pain therapy, an acupuncturist and other therapies. As he dealt with his mental issues, he began to sleep better and released much of the trapped energy from his accident; he says his entire life changed for the better. He started to ride consistently and race again.

Greg met Aaron Foreman of OPT, at the Austin Thursday night Criteriums Training races, where he was offered to be sponsored by OPT as a rider. That vote of confidence was crucial and he really threw himself into riding. Aaron, Greg and our Tech Kevin, have worked for months on perfecting a riding Prosthesis for Greg, and continue to update and make it the best possible for him to compete.

Greg is very close to making the National Disabled Team. He recently attended a week long select cycling camp at the Olympic training Center in Chula Vista, California in April. He will attend the Paralympics Cycling Trials in Denver, Colorado in June. His success there will land him a spot on the Paralympics Team and headed to Beijing. We at OPT feel he is already a winner and at the same time hope he succeeds in his personal goal of making the team.

Greg currently divides his time between riding, working on his ranch, his real estate business and consulting work on medical devices.

Greg is sharing his story at the Round Rock Amputee Support Group on May 24<sup>th</sup>. He is available for Amputee Peer Visits as well through OPT—wanting to give back and assisting someone on their road to recovery.

GOOD LUCK GREG!!!

## Amputee Coalition of America Conference

Aaron Foreman is sponsoring Heather, Frieda, and Louisa to attend the ACA Conference in Atlanta, Georgia June 19-21. They are excited and appreciative of the opportunity to attend the conference. The ACA Conference is an annual event providing amputees all across the nation with educational information. The conference will bring amputees, health care and other industry professionals together to interface, share experience, keep abreast of new technology, products and services, and find solutions to community problems.

## Peer Visiting and Support Group

We at OPT have 4 certified amputee peer visitors on staff. Frieda, Louisa, Mary and Heather are Certified Amputee Peer Visitors. We are able to offer this service at no charge to our communities. Facing amputation can be very trying and upsetting. Often a visit from someone who has been through a similar situation and just to see someone walking and back enjoying life will do wonders for the amputee or someone facing amputation.

Frieda facilitates The Round Rock Amputee Support Group. We had our 5th annual fishing trip on April 26th at Lake Bastrop. The Austin Christian Bass Club and Women's Bassmaster Tour Pros volunteered their boats, equipment, and time. The support group was able to go fishing on beautiful Lake Bastrop for 4 hours. Following the fishing there was a fantastic picnic. There were 42 people at the event and everyone had such a great time.

The scheduled meetings are held every 4th Thursday at St. David's Hospital in Round Rock from 7:00-10:00. With an additional scheduled activity every other month.

Please call our office or Frieda Borth @ 512-791-8864 for more information about Peer Visiting or The Amputee Support Group.

## OPT Technical Corner

Greg Lakompski's riding prosthesis uses a unique design specific for road cycling. An Aegis preflexed silicone locking pin liner is used to suspend his prosthesis. The ultra lightweight carbon socket was designed to allow easy free knee movement for easy pedaling. The prosthesis utilizes a clipless pedal design attached directly to his prosthetic pylon for optimal transfer of power to the pedals.

