

Team OPT

Aaron Foreman, M.S.P.T, C.P.O

Kevin Kimbell, C.P.O.

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LOCATIONS

AUSTIN CLINIC

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Suite 301-A

Austin, TX 78757

Phone: (512) 377-2323

Fax: (512) 374-9993

SAN MARCOS CLINIC

1340 Wonder World Drive

Building 1, Suite 102

San Marcos, TX 78666

Phone: (512) 754-9928

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ROUND ROCK CLINIC

1340 Wonder World Drive

Building 1, Suite 102

Round Rock, TX 78665

Phone: (512) 255-4400

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TEMPLE CLINIC

2707 South 37th St.

Suite C

Temple, TX 76504

Phone: (254) 771-2700

Fax: (254) 771-2702

www.OPTtexas.com

OPT News



New San Marcos Location

We are very pleased to announce the grand opening of our new San Marcos office. In the Vista Office Plaza across from Central Texas Medical Center.

The San Marcos clinic's new hours are Tuesday, Thursday, and Friday from 8 - 5 p.m. to better serve our OPT clients.

Chase Brown, CPO, is our practice Manager in San Marcos. We would like to welcome, Christina Salinas, our new receptionist. Our new address is:

1340 Wonder World Dr.

Building 1, Suite 102

Phone # 512-754-9928

Fax # 512-754-9950

(right across the street from Central Texas Medical Center)

Service & Referrals

OPT strives for, and takes very seriously, quality patient care. We hope you always find the care and service you are provided the best available.

Our practitioners are available to discuss any questions you may have or information you may request. We thank you for your referrals, and appreciate your considering us. Please let us know if there is any way we can assist you.



In Action

July 2009 Newsletter



Featuring Richard Chesebro
— Regaining life after Polio/
BK amputation —

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Amputee Highlight



This month we would like to feature our OPT client Richard Chesebro. The following is in his own words:

“My story starts back in 1951 during the Korean War. My Dad was called up and stationed at the Navy base in Philadelphia. It was there that I contracted Polio as part of the second to last major epidemic before the vaccine came out in 1955. Many died in that round of Polio. The disease would attack the respiratory system and the victim would be dead in 48 hours. For me the disease attacked the nervous system in my legs, mainly in my feet.

Polio is a disease affecting the nervous system. My brain would tell muscles in my feet to move and only 10 to 20% of the intensity would be delivered. A few of the muscles received full strength instructions while others received attenuated instructions resulting in uneven application of muscle strength causing severe deformities of my feet. By the age of four, I

was in special shoes and fighting the problems the deformed feet caused. At eighteen I had surgery to fuse the bones in both feet. The pain was always there.

In 2002 the right foot became infected. I was put under the care of an orthopedic surgeon. At that time my Doctor explained one of my options was to have the infected foot removed. I was shocked by the idea of amputation and instead chose to wear a CROW boot (Orthotic device).

I fought for five years. At times every step I took caused excruciating pain. On November 2nd 2007, I woke up with my right foot severely infected. (This was the third time.) I was in the hospital for five days fighting that infection. When the Doctor came to my room to tell me he was sending me home, I told him I did not want to have to ever do that again. The following Monday, November 12, 2007 he removed my right foot eight inches below my knee, and I became an amputee.

At my first office visit after the amputation, my Doctor gave me a blue prescription sheet and told me to go see the folks at OPT. My first appointment was with Chase Brown, CPO.

I found out very soon that Chase does not give up. Due to the atrophy from wearing the CROW Boot for five years, and the Polio, the muscles in the back of my leg made it very difficult to get my second socket to fit comfortably. Every week I was in there bugging him. He explained that my leg was changing so much during the day that I was going to have problems. He offered me a solution (what a guy), a vacuum pump. The pump helps keep the fluid level inside the leg constant. With the fluid staying constant I can make my leg fit comfortably inside the socket. It was October of 08 that I received my pump. No pain. No discomfort.”

Richard’s philosophy. “Do not let the things you can not do, keep you from doing the things you can do.”

Richard is very active in The Round Rock Amputee Support Group only missing one meeting in all of these months. His positive attitude and enthusiasm for being an active prosthetic wearer, is evident for all to see.

OPT Technical Corner

Richard is in the newest vacuum suspension technology by Ohio Willow Wood, the **LimbLogic VS**. This is the first remote-controlled vacuum suspension system on the market.



Richard's prosthesis



The system monitors the level of vacuum within the socket to maintain a secure and comfortable fit. Practitioners program LimbLogic VS for a set range of vacuum. The amputee may use the fob to adjust the vacuum level within the practitioner-set range.



Richard is wearing an Ossur LP Ceterus foot—Featuring progressive rotation and adjustable vertical shock absorption.

Amputee Peer Visiting & Support

We are able to provide amputee peer visiting for a pre-amputation situation, immediately following amputation, or as needed. We have 3 certified amputee peer visitors on staff. Louisa, an above the knee amputee; Heather, a bi-lateral above knee amputee; and Frieda a below knee amputee. These three ladies have a lot of experience, and different and interesting stories to share with fellow amputees, people facing amputation, and their families.

There is no charge for this important service. Please call Frieda at the office or on her mobile: 512-791-8864.