

Team OPT

Aaron Foreman, M.S.P.T, C.P.O

Kevin Kimbell, C.P.O.

Susan Kestner, C.P.O.

Chong Shrout, C.O.

John Paul Snapp, L.O., Prosthetic Resident

LOCATIONS

AUSTIN CLINIC

8000 Anderson Square Rd.

Suite 301-A

Austin, TX 78757

Phone: (512) 377-2323

Fax: (512) 374-9993

SAN MARCOS CLINIC

1340 Wonder World Drive

Building 1, Suite 102

San Marcos, TX 78666

Phone: (512) 754-9928

Fax: (512) 754-9950

ROUND ROCK CLINIC

2801 Oakmont Dr.,

Suite 1200

Round Rock, TX 78665

Phone: (512) 255-4400

Fax: (512) 255-4404

TEMPLE CLINIC

2707 South 37th St.

Suite C

Temple, TX 76504

Phone: (254) 771-2700

Fax: (254) 771-2702

www.OPTtexas.com

Amputee Peer Visiting

We are able to provide amputee peer visiting for a pre-amputation, immediately following amputation, or as needed. We have four certified amputee peer visitors on staff: Louisa, an above the knee; Jo, an above the knee; Heather, a bilateral above the knee; and Frieda, a below the knee amputee. These four ladies have a lot of experience, and different and interesting stories to share with fellow amputees, people facing amputation, or their families.



There is no charge for this important service. Please call Frieda at the office or on her mobile at 512-791-8864 to request a visit or for more info.

Round Rock Amputee Support Group

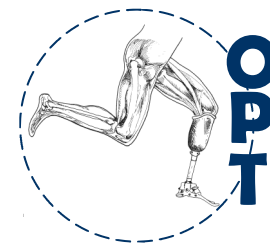
OPT is a proud sponsor of the RR Amputee Support Group. They have a meeting at Round Rock Medical Center every 4th Thursday of the month at 7 p.m. in The Boardroom. The group also has an activity or outing every other month, for example; parties, bowling, fishing and picnic day, pool, golf, Lady Bird Flower Center, RR Express ballgames, and IMAX theatre at Bob Bullock Museum, just to name a few. In January our meeting is Wed. (this month only) Jan. 27th. Our speaker this month is Ignacio Madera. Ignacio's topic for the evening is: "The Texas Department of Assistive and Rehabilitative Services - Vocational Rehabilitation Program.

Call Frieda or email at friedaborth@OPTtexas.com for more info.

Service and Referrals

At OPT we are dedicated to providing the best custom prosthetic and orthotic devices available. We hope that you find our customer service responsive and cooperative. We appreciate your referrals very much. Please call Frieda or email if you would like a lunch in-service at your office or clinic to find out more about our devices and services.

We hope your New Year is off to a great start!



In Action

January 2010 Newsletter



— "I'm still working on my bucket list" —

www.OPTtexas.com

Orthotic & Prosthetic Technologies, Inc.

Amputee Highlight - Jo Boehmer



Originally from Laurel, Maryland, Jo Boehmer has been an Austin native since 1984.

Jo had been riding on the back of motorcycles since she was a kid and always dreamed of one day owning her own "Harley". In January 2008, Mic (her boyfriend), purchased her a 93 Yamaha Virgo 750 as her "starter" bike. She enjoyed trips on her motorcycle to the Texas Hill Country, to Lexington for BBQ, and for commuting to work.

On Saturday August 30, 2008 while driving thru the Hill Country, returning from a Pie Run to the Blue Bonnet Café in Marble Falls, Jo's life changed forever!

Five vehicles were traveling together on 1431 (near Jonestown). The lead vehicle overshot their intended street and hit the brakes locking them up. This caused a chain reaction with the other four vehicles all braking hard, attempting to avoid a collision. The fifth vehicle in the procession was driven by an 18 year old male who swerved into oncoming traffic to avoid rear ending the car in front of him. Unfortunately when he swerved, he side swiped Jo's left side, severing her leg just below the knee.

Gravely injured and fighting for her life, Jo was immediately rushed to Brackenridge University Medical Center where the doctors found the damage was too extensive to save her knee. An above knee amputation was performed, and she spent the next 3 days in ICU.

After leaving Brackenridge, she spent 3 weeks in a rehab hospital only to later return to the hospital for an infection in her residual limb. Jo underwent another revision (debridement) and was placed on a wound vac. She continued to fight the infection and had to return again to the hospital for 2 more surgeries before her leg finally healed.

She returned to work at Samsung in November of 2008. She received her first prosthesis in April 2009 and has made a great deal of progress since. She is currently in Physical Therapy to improve her gait and strength.

In Jo's own words: "From the beginning I have just wanted to walk again and be independent and live my life to the fullest, and besides I am still working on my Bucket List".



Jo is a certified amputee peer visitor and works in our Public Relations Department. She is a strong and active member of the RR Amputee Support Group. We know she is going to make a big difference and will succeed in whatever she sets out to accomplish. She is an inspiration to all she meets.

In October 2009 Jo joined our team at OPT. We are very happy to have her.



OPT News & Events



We would especially like to welcome our new OPT employees. As mentioned above we are pleased to have Jo Boehmer join our Public Relations Department.

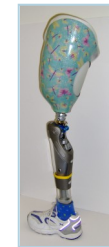
Chong Shrout joins OPT as our newest Certified Orthotist in our Temple office. Chong graduated from Northwestern University Orthotic in 2003. He then completed his residency and practiced in California until 2009. We are very happy to have him with our OPT team.

Debbie Cox is our new patient coordinator in our Temple office and we are very glad to have her on board.

Chris Wagner is our new orthotic/prosthetic technician in Austin. We are very happy to have him.

OPT Technical Corner

C-Leg — The C-Leg is an innovative, completely microprocessor-controlled prosthetic knee system that helps people who have undergone transfemoral amputation to achieve a new degree of safety and dynamics. The C-Leg features a wireless remote control that lets users easily switch between different settings, e.g. for walking, bicycling or inline-skating, as well as allowing users to make individual fine adjustments to the hydraulic system.



Jo's Personalized Laminated Socket



Seal-in Liner



Vari-Flex