

Team OPT

Aaron Foreman, M.S.P.T., C.P.O.

Kevin Kimbell, C.P.O.

Susan Kestner, C.P.O.

Mike Raney, C.O.

John Paul Snapp, L.O., Prosthetic Resident

Locations

AUSTIN CLINIC

8000 Anderson Square Rd.
Suite 301-A
Austin, TX 78757
Phone: (512) 377-2323
Fax: (512) 374-9993

SAN MARCOS CLINIC

1340 Wonder World Drive
Building 1, Suite 102
San Marcos, TX 78666
Phone: (512) 754-9928
Fax: (512) 754-9950

ROUND ROCK CLINIC

2801 Oakmont Dr.,
Suite 1200
Round Rock, TX 78665
Phone: (512) 255-4400
Fax: (512) 255-4404

TEMPLE CLINIC

2707 South 37th St.
Suite C
Temple, TX 76504
Phone: (254) 771-2700
Fax: (254) 771-2702

Service and Referrals

OPT is dedicated to delivering the highest quality orthotic and prosthetic service possible and pride ourselves on our professionalism and compassion. We make every effort possible to meet the different needs of our patients and prescribing physicians. Our Practitioners and staff maintain the highest credentials possible to achieve our mutual goals.

We would like to thank our clients, physicians, PT's, and other professionals for referring to OPT.

Please call Frieda at 377-2323 if you would like to schedule an in-service at your facility.

Amputee Peer Visiting

We have 3 amputees on staff; Frieda, a below the knee, Louisa and Jo are above the knee. OPT offers amputee peer visits for pre-amputation or immediately following surgery—providing support and encouragement—there is no charge for this service. Any person facing amputation, under most circumstances, will benefit from talking with another amputee.



All our OPT peer visitors are certified after completing formal training that assists them to serve as effective peer visitors. These 3 ladies have many years of experience and different and interesting stories to share with fellow amputees, someone facing amputation, and their families as well.

If you are interested in visiting with one of our patient advocates, please call **Frieda at 512-791-8864** or email at

friedaborth@opttexas.com

Round Rock Amputee Support Group

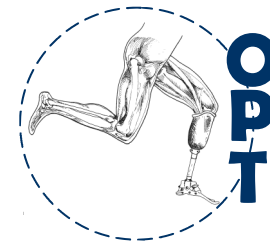
Our Round Rock Amputee Support Group meeting this month is June 24th at 7 p.m. at Round Rock Medical Center in the Education Classroom 1. We meet the 4th Thursday of every month.

We are happy to have OPT CPO Kevin Kimbell as our guest speaker this month..

Our 8th Annual Support Group FISHING DAY at Lake Bastrop was April 24th at 8:00 a.m. We had 15 bass anglers providing their beautiful boats and expertise and 18 amputees plus guest fishing. We had about 50 people total for the picnic afterwards. Great day!!



We have a planned activity every other month ranging from fishing, pool, bowling, Bob Bullock museum, Lady Bird Wildflowers and RR Express Ballgame just to name a few. Makes you want to come, huh? Call or email Frieda for more information.



In Action

June 2010 Newsletter



The Jamie Schanbaum Act
www.thejamiengroup.org

www.OPTtexas.com

Orthotic & Prosthetic Technologies, Inc.

www.OPTtexas.com

Amputee Highlight

Jamie Schanbaum, bi-lateral below knee



On November 13th 2008, Jamie Schanbaum was rushed to Seton Hospital thinking she was having an asthma attack. Two days later, Jamie and her family learned she had contracted meningococcal septicemia. This disease is similar to meningitis. Instead of infiltrating the brain and spinal cord, the bacteria infects the blood. Meningococcal septicemia has a higher fatality rate than typical meningitis. You can have it and not be affected by it, but something as simple as a cold or a stomach virus can cause these bacterium to work their way into your blood system, which is what happened to Jamie. Jamie survived, though sadly she lost her legs and fingers in February 2009. They had to be amputated as a direct result of her infection. Jamie's plight inspired her to educate the public about Meningitis. Her goal is to prevent others from needlessly suffering from this vaccine preventable disease. Go to Jaime's website for more info.

www.thejamiegroup.org

Since leaving the hospital, Jamie has shown tremendous strength and perseverance as she endeavors to promote awareness of this disease and its consequences. In the

summer of 2009, Senate Bill 819, a.k.a., The Jamie Schanbaum Act, requiring meningitis vaccinations of college students, passed despite two previously unsuccessful attempts thanks to Jamie and her supporters.

One of Jaime's biggest goals is to ride her bike. Aaron Foreman, MSPT, CPO, is currently fitting her for a set of new prostheses. Aaron is an avid cyclist himself, and is excited to be able to assist Jaime in reaching her goal. Jaime is also having some waterproof prostheses made. Jaime is attending UT pursuing her undergraduate studies in Human Development. She intends to be a counselor. Jaime enjoys going to all types of restaurants and trying different foods—she has a passion for looking at different menus from non corporate type restaurants. She loves to dance as she took dancing classes most of her life. Jaime loves going to music concerts and listening to non radio type music.

Jaime loves speaking to children and adults educating people about Meningitis. She is a featured speaker at the Meningitis Conference in Florida in June 2010. We, at OPT, are happy to have Jaime being fitted at our clinic for her new sets of prostheses and to share in her journey as she continues to make such a big difference in so many peoples lives.

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For amputees it ensures the highest levels of confidence and security. Offering natural gait with less fatigue and ultimately less strain on the lower back and sound side, it is the ideal fit for any activity. The new EVO feature enables amputees to experience natural gait progression by utilizing the foot plate to its fullest potential.

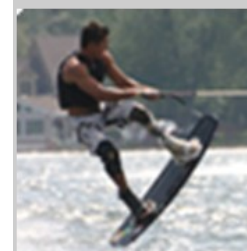
Jamie enjoys cosmetic covers on her prostheses.

OPT Technical Corner

Ossur Vari-Flex Foot with EVO



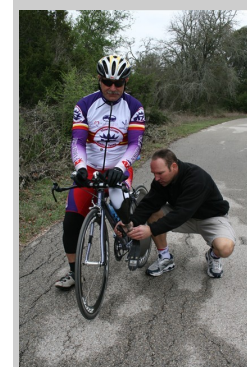
OPT News & Events



The Extremity Games 5 are being held in New Braunfels June 18 & 19 at the Texas Ski Ranch, for athletes living with limb loss or limb difference. Competitions and instructional clinics include skateboarding, rock climbing, wakeboarding and kayaking. Exhibitions include motocross and mixed martial arts. Go to www.extremitygames.com for more information or call 248-475-3623.

OPT is excited to be providing technical support for the games. Come and watch some outstanding athletes in their athletic endeavors!

Greg LaKowski will be attending the **2010 US Rowing Adaptive Sweep Development Camp** in Oklahoma City, Oklahoma on June 5-8.



The purpose of this camp is to identify athletes throughout the United States with racing and or National Team aspirations. It will prepare rowers who would like to try out for the national team at the July Selection camp. This year world championships are in New Zealand.

Greg is an accomplished bicycle racer and is sponsored by OPT. After seeing a newspaper article in the Austin American Statesman last fall, Greg has been training at the Austin Rowing Center under the auspices of their Nationally recognized program "Rowing For All" headed by Diane Mc Diarmid. This program is open to all adaptive athletes no matter what their disability or experience.

Contact Diane at dianem@ku.edu or stumpygreg@aol.com for more info if you are interested in trying out rowing.

We are happy to announce that **Susan Kestner**, CPO, at OPT and Dirk, her husband, had a beautiful baby girl in March, named Hannah. Susan will be back in the office on June 8th to start seeing clients

OPAC First Volley Tennis Clinic



OPT is excited to announce we will be the proud sponsors of the OPAF First Volley Tennis Clinic in Austin for the 2nd year on October 16, 2010. First Volley was designed for amputees, orthosis wearers and those with physical challenges who wish to enjoy the game of tennis. www.opfund.org